

## Check out your awesome new school menus

You can easily view information about what is on our school menu each day. You can see an image and description for food items, as well as nutrition information.

Our innovative and interactive site and mobile app make our school menus more convenient and informative than ever before!

Franklin High V Lunch V		( Alash		niik Wheat Sov		t Me		
« February				2.05 OZ	Serving S	Size Decial Diets		
				46	Calories	iets	information is	
				1.49	Fat	che	on the menu. You took items below to	
MONDAY	TUESDAY	Chicken Fa	Chicken Fajita Strips		Saturated	d Fat	cific foods.	
WICHUAT	TUEBUAT			0 g 0 g	Trans Fat			
27 28		Boneless, skinless chicken strips seasoned with a Southwest fajita mix,		32 mg	Cholester			
Main Entree	Main Entree	combined with saute		239 mg	Sodium	eat	eat	
	Chicken Falita Strips	onions.		19	Total Carl	bs		
Bowl w/Wheat Bread				og	Fiber	- B. S.	Nuts	
Sides	Sides			og	Sugar	11010		
Mashed Potatoes w/	Brown Rice			8 g	Protein	lifis	sh	
Home-Style Gravy	Home-Style Gravy Fancy Black Beans				Vitamin A	sho	should not be used to	
Steamed Corn	Diced Pears			11.2 mg	Calcium		is for a child with a pod-related allergy or	
Apple Slices	Low Fat Milk			0 mg	Vitamin C	C condition without		
Low Free Milk				0.7 mg	Iron	201	s food service and your	
6	7					i. Pl	lease read this te for students or	
		and the second	How would you rate this food?			if st	if students with	
Main Entree	Main Entree	***						
Oven Roasted Turkey Breast	Ham and Cheese on a Pretzel Bun Sides	& Bean Chili &		Sandwich		I View carb	counts	
Contract of the second s		Cheddar Cheese	Sides					

Nutrislice is brought to you by The Nutrition Group





Menus above represent sample menus and not actual menu items at your school.

