

Buckeye Trail Elementary

January 2018 Lunch Menu

Food Service Director: 740.489.5100 x 1424
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Lunch Prices:
 Paid K-5: \$2.75
 Paid 6-8: \$3.00
 Reduced \$0.40
 Adult: \$4.00



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:




Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber
 *May choose two 1/2 cup servings

*Fruits may include:
 Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce
 *May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE



Fat Free Chocolate, Fat Free Strawberry, Fat Free Vanilla Shake
 Fat Free White and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School New Year's Day Out of this World Alien Month	2 Pasta & Homemade Meat Sauce w/ Fresh Bread Leafy Green Romaine Lettuce w/Dressing Chilled Applesauce Choice of Milk	3 Crispy Chicken Strips w/Fresh Bread Slice Steamed Green Beans Diced Pears Choice of Milk	4 Chicken & Cheese Soft Tacos Home Style Refried Beans Tropical Pineapple Tidbits Choice of Milk	5 Meatballs w/Sweet & Sour Sauce w/Dinner Roll Glazed Carrots Juicy Sliced Peaches Choice of Milk
8 Juicy Cheeseburger on Bun Golden Sweet Corn Citrusy Mandarin Oranges Choice of Milk	9 Chicken, Bacon & Ranch Wrap Steamed Broccoli Mixed Fruit Choice of Milk	10 Meatball Hoagie Winter Blend Veggies Juicy Sliced Peaches Choice of Milk	11 Chicken & Cheese Quesadilla w/Salsa Bold Black Beans Juicy Apple Slices Choice of Milk	12 No School Professional Development Day
15 No School Martin Luther King, Jr. Day	16 Rigatoni w/Meat Sauce & Garlic Toast Leafy Green Romaine Lettuce w/Dressing Diced Pears Choice of Milk	17  Crispy Chicken Patty on Bun Juicy Stewed Tomatoes Mixed Fruit Choice of Milk	18 Hot Turkey Sandwich w/Bread Creamy Mashed Potatoes Citrusy Mandarin Oranges Choice of Milk	19 Cheese Dog in a Blanket Fresh Steamed Green Beans Chilled Applesauce Choice of Milk
22 Chicken Nuggets w/ Dinner Roll Sweet Peas Caramel Drizzled Apples Choice of Milk	23 Cheeseburger Mac & Cheese w/Dinner Roll Steamed Broccoli Citrusy Mandarin Oranges Choice of Milk	24 Hot Dog on Bun Fresh Steamed Green Beans Mixed Fruit Choice of Milk	25 Italian Dunkers w/Marinara Sweet Potato Fries Diced Pears Choice of Milk	26 Beef & Cheese Soft Taco Home Style Refried Beans Tropical Pineapple Tidbits Choice of Milk
29  French Alien Toast Sticks & Flying Sausage Patty Oven Roast Hash Browns Chilled 100% Space Juice Choice of Milky Way Milk	30 Juicy Cheeseburger on Bun Leafy Green Romaine Lettuce w/Dressing Diced Peaches Choice of Milk	31 Salisbury Steak w/Gravy & roll Steamed Cauliflower Florets Mixed Fruit Choice of Milk	 Whole Grains Available Daily	
Monday Mini Corn Dog Nuggets	Tuesday Crunchy Broken Beef Tacos	Wednesday Juicy Hamburger on Bun	Thursday Chicken Patty on Bun	Friday Homemade Cheese Pizza

This institution is an equal opportunity provider.